

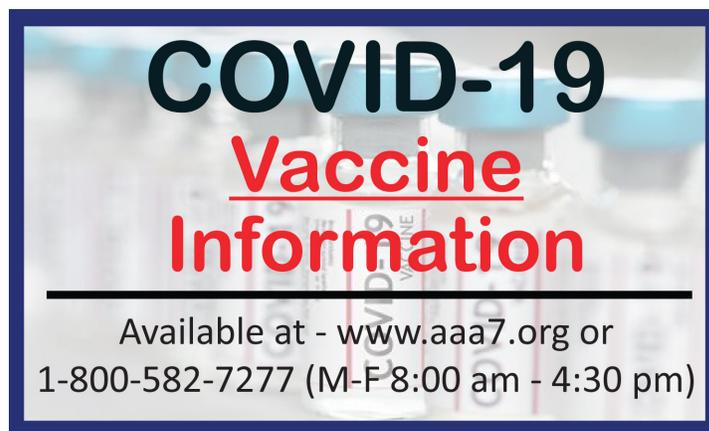
Pandemic Resources and Information

Looking for a central location to find information about COVID-19 vaccines in your area? The Area Agency on Aging District 7 (AAA7) is available to help with information about the vaccine and information about local providers in the following counties: Adams, Brown, Gallia, Highland, Jackson, Lawrence, Pike, Ross, Scioto and Vinton.

The Area Agencies on Aging (AAA) throughout the state of Ohio have been designated as a key partner to take calls and supply information and education surrounding the COVID-19 vaccination, specifically to Phase 1B. Locally, the AAA7 can help answer questions surrounding the vaccine such as safety and what providers are distributing the vaccine. The priority is making sure the community has the best information available to make a decision regarding the vaccine and to know where the vaccine will be available in the district.

Those who are interested in further information can call the AAA7 at 1-800-582-7277 Monday through Friday from 8:00 am until 4:30 pm or e-mail info@aaa7.org. Information and specific county details about the COVID-19 vaccine can also be found on the AAA7's website at www.aaa7.org. On the Home Page, find the "COVID-19 Vaccine Information" box and click for more information. In addition, the AAA7 is sharing information from local vaccine providers on their Facebook page.

Using all the tools available to help prevent the spread of the virus continues to be critical until a substantial number of Ohioans can be vaccinated. Continuing to wear masks and social distancing will reduce your chance of being exposed to or spreading the virus. Proper prevention measures, coupled with the vaccine, will provide the best protection from COVID-19.



COVID-19
Vaccine
Information

Available at - www.aaa7.org or
1-800-582-7277 (M-F 8:00 am - 4:30 pm)



Your mental health is just as important as your physical health.

COVID CareLine:
1-800-720-9616

Help is available 24 hours a day, seven days a week

#IN THIS TOGETHER
Ohio

QUICK QUIZ

Your caregiving will be easier and more effective if you try to understand why the person in your care may be behaving in ways you find difficult and learn how to avoid making them worse. Read the issue and answer True or False to the questions below.

1. *Antecedent means what happened just before an upsetting action. T F*
2. *In the middle stage of Alzheimer's disease a person may become aggressive. T F*
3. *People with Alzheimer's or dementia always hit, scratch, or fight with the caregiver. T F*
4. *Consequence includes events that happen after the behavior. T F*
5. *These aggressive actions can be upsetting and are often hard for caregivers to manage. It helps to have a plan for how to deal with them. T F*
6. *Problems can get started when a caregiver rushes and does not think of how the person with Alzheimer's will react. A person with Alzheimer's cannot be rushed. T F*
7. *It is important to try to understand why the person may be behaving in ways you find difficult, and learn how to avoid making them worse. T F*
8. *A person with Alzheimer's may not understand the words you say but reacts to your tone of voice. T F*
9. *Simple household chores: dusting, drying dishes, and doing the laundry are not safe activities for a person with Alzheimer's. T F*
10. *To help the person in your care with memory problems, notes can be placed in plain sight as reminders of things the person in your care should do. T F*

KEY: 1. T 2. T 3. F 4. T 5. T 6. T 7. T 8. T 9. F 10. T